

# DIANETICS:

## A BRIEF DISCUSSION

For centuries many curious and scientific probers into the convolutions of human thinking have told us that we are the possessors of a complex instrument called the mind, and approximately how it functions. That is called the *analytical mind*.

But dianetics has discovered and proved that we are also the possessors of another mind, a "reactive" mind, which has far greater force and compulsion upon us, which badgers and bedevils us throughout our entire life span.

This villainous *reactive mind* is the human evil which dianetics is assailing, and has dedicated itself to eradicate from mankind: it is the leech upon our rational behavior, the hypothetical cyst which occludes the proper functioning of the analytical mind, the root of all our psychosomatic ills, the barrier which prevents us from attaining the optimum of our abilities and our aspirations.

What does this *reactive mind* consist of? It is a kind of memory, but only of those events which happened while we were unconscious. And as such, it differs from our previous understanding of memory.

Memory is a process of *recalling* at will or in response to appropriate stimuli *impressions* previously made on the senses and recorded in the mind. The process of recall is essentially one of *perceiving* these impressions and understanding them; it is an *analytical* process.

What was not before understood and can now conclusively be demonstrated is that yet another file of impressions exists, one in which impressions are recorded, but in a manner and under circumstances *which do not permit*

*of voluntary recall by any means known* prior to the inception of dianetics as an actual science.

It was from his discovery and study of this second file of data that Mr. L. Ron Hubbard evolved the science of dianetics. He discovered that this mind *reacted* to certain stimuli, but in a manner theretofore so incapable of rational explanation, so random and erratic, that its activity as such had quite understandably escaped the attention of the professions specializing in the human mind. This, he called the *reactive mind*.

The reactive mind records *all* impressions experienced during pain or unconsciousness. Moreover, the recording of the reactive mind begins with the original two cells, male sperm and female ovum, ultimately to evolve into the adult human being, and continues from before conception, through birth, and on up to the "present time", which is to say, the current instant in the life of the adult.

A peculiar condition, however, attendant upon such *reactive mind* recording, is that it can take place only during periods of unconsciousness, or pain sufficient to lower the perceptive abilities of the analytical mind to a point of less than full consciousness. It is a further condition that, before any one of these data can in any way effectually influence the individual, it must be activated, or "keyed in", by an occurrence in the life of the individual, similar to the one originally recorded. From then on, it is capable of being reactivated, or "restimulated", by every recurrence of a re-stimulator.

We have said that the reactive mind records with the implication that the data are filed as obtained, without regard for system or origi-

nal context. Analogous results would be obtained were a recorder to be placed in operation upon a busy street corner: auto horns, crashes, whistles, and snatches of conversation would all be found on the tape in re-play. No selective mechanism could be devised which would do more than play off *that which was recorded*.

This is the activity of the reactive mind: recording, and re-play, in response to restimulation. Therefore, when any recording in the reactive mind is caused to re-play, the individual responds with a literal interpretation of the content of that particular recording.

It will be appreciated then, what startling, ludicrous—even disastrous results may be observed when this non-analytical, strictly literal "mind" is restimulated: a pregnant woman trips, falls heavily to the floor; her child is momentarily stunned (unconsciousness); in her terror and concern for her baby, she cries out, "My baby! I have harmed him, given him a terrible set-back! He will never be like other children!" Even though the child is born without mishaps or disfigurement, yet when in childhood someone remarks in a manner intended to be complimentary, "He is not like other children", the pre-natal incident "keys in", and he, thereafter, unconsciously seeks to be different, sulking in corners, refusing to join in with other children in their play and various normal activities.

This *does* happen and *can* be demonstrated!

Now, a true science not only recognizes the problems in its field, it offers a method for their solution: Dianetics is a true science, recognizing and solving its peculiar problems. The method is known as "dianetic processing". The mode is "reverie". The solution is

the erasure of those recordings which, when restimulated, cause reactive behavior in the human being. The individual whose reactive mind bank no longer contains any unerased incident is known in dianetic terminology as a "clear".

The state of reverie is induced by an astonishingly simple process. The "pre-clear" is asked to make himself comfortable and close his eyes. He is told that he may for the duration of the session, disregard noise or other interruption. He is told that he may at any time end the session voluntarily. He is told that he will be able to remember everything which is said either by himself or his "auditor". Finally, he is given a "canceller" so that no remark or suggestion made by either party will be able to affect him after the session ends. He is then asked to return to a past moment of pleasure.

The moment of pleasure is recounted. His auditor endeavors by adroit questioning to elicit all possible details. This has the effect of acquainting the patient with the practicability and process of "going back" or "returning". It also sharpens his powers of recall, and at the same time allays any doubts or misgivings he may experience.

He is next asked to go back or return to the first moment of pain or unconsciousness available at the time. Again, adroit questioning aids him to recall details. Several recountings of the incident serve to remove what may be called the "charge" on this incident, thus restoring to the analytical mind that vital energy heretofore required to endure or live with the disruptive content.

From here the pre-clear is led by the auditor to continue through further incidents, the

ultimate aim being to contact and erase all incidents present in the "bank". These data in the reactive mind are actually contacted with the aid of the auditor, whose assistance is required for more reasons than can be explained here.

This may be surprising indeed, but the data is all there in the reactive mind, recorded and waiting to be contacted, erased, placed by the auditing in "standard memory". In the process, still more vital energy is released to the analytical mind. It is obvious now that, for every such release, the analytical mind recovers more and more of its original, endowed potential for clear and rational thinking.

The term "clear" is aptly chosen, for, once cleared, our former pre-clear is forever after able, in a fraction of the time formerly required, to "make up his mind", and his decisions will be unbiased by emotion or past disruptive experience: in a word, *rational*.

### *Independent Dianetic Groups and Centers*

A number of groups and centers have been organized for the purpose of pooling knowledge and experience in order to solve the problems of the members. The Hubbard Dianetic Research Foundation, Inc., is encouraging and assisting these independent groups and centers whenever possible. For this purpose a coordinator of group activities has been appointed and may be contacted by writing the Coordinator of Group Activities, Hubbard Dianetic Research Foundation, Inc., 2600 S. Hoover St., Los Angeles 7, California.

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The Foundation has been chartered in the State of New Jersey as a non-profit, scientific research, educational and charitable corporation. Its main object and purpose, as set forth in the charter, is "to study and conduct research in the field of the human mind and of human thought in action." Subordinate purposes include publication and indoctrination of members.

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### **L. RON HUBBARD**

L. Ron Hubbard was born March 13, 1911 in Tilden, Nebraska. He has traveled widely over the world particularly in Asia. Educated at George Washington University as a mathematician, he began his studies of philosophy in 1934 and completed dianetics in 1947. He is a member of The Explorer's Club and the Gerontological Society.

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